GALE HEALTH AND WELLNESS

Discover and Share Mental Health Information

Gale Health and Wellness provides users with access to current and authoritative health information on top researched diseases, conditions, procedures, and treatments. Users looking for information on all things mental health can easily search and collect the resources they need. Utilize this tip sheet to uncover best practices for accessing and sharing the content.

ACCESS TOPIC PAGES

Topic Pages provide your users with a one-stop, organized page surrounding the topic of their choice. Gale Health and Wellness contains 60 mental health Topic Pages to get research started.

To access **Topic Pages**:

- On the homepage, scroll to the **Browse Topics** section and click into Mental Health. Choose a topic to be launched into that page.
- When typing a **Basic Search**, if the predictive text dropdown shows a bolded term, select it to launch into its Topic Page.

UTILIZE ADVANCED SEARCH FILTERS

To better support all users, our **Advanced Search** provides access to filters that narrow to very specific content.

To access filters, select Advanced Search from the homepage.

Popular filters include:

- Peer-Reviewed Journals
- Consumer Health
- Spanish-Language

SHARE YOUR DISCOVERIES

Gale Health and Wellness has simple tools attached to content to help you and your users share information.



Create a direct URL to your content to access at any time.



Search Limiters

✓ Full Text Documents ③ Document Contains Images ®

□ Peer-Reviewed Journals ③ Consumer Health® □ En Español⊚

by publication date(s):

Deselect All

by content type: 💿 Select All

□ Academic Journals

by document type: ③

by publication title: @

News

● All Dates ○ Before ○ On ○ After ○ Between

Audio

Reference

Download a document as a PDF onto you device.

□ Magazines

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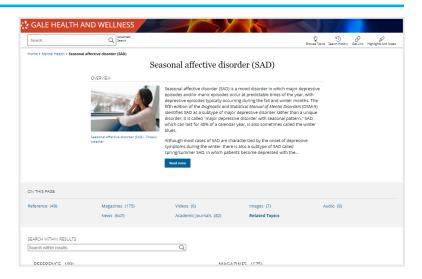
Videos



Send your content to Google Drive, Microsoft OneDrive, or email.



Print any document to save it for later.





Gale, here for everyone.